

Covid19: Guidelines for Opening Gurdwara Singh Sabha 21st June 2020

1. Opening times for Personal Prayer Only

- Monday to Sunday 10.00am – 12.00pm 5.00pm – 6.00pm

2. Inside the Gurdwara

- Families will sit together as a 'bubble'.
- The Gurdwara will be marked out to ensure social distancing and where families can sit as a bubble.
- The programme will be kept to a minimum, consisting of Paat only
- Live streaming will continue for those who still cannot attend.

3. Age and Health

- There is no age restriction, as all ages will sit within their family bubble.
- For those who are deemed vulnerable or have underlying health concerns, they should avoid attending

4. One-way flow of Sangat

- There will be social distance markings on the floor using non-marking stickers or tape
- Sevadaars will inform the Sangat of the system
- Signs will be put up directing the Sangat

5. Ventilation:

- Windows and doors to be kept open during opening times to reduce 'touchpoints' and increased airflow.
- From a fire safety perspective, Sevadaars must ensure that where areas are unoccupied fire doors are shut.

6. Minimise belongings brought to the Gurdwara

- Avoid bringing unnecessary bags and items to help reduce cross-contamination.
- Avoid wearing footwear that takes time to put on
- Sangat will be advised to bring their own head covering

7. Track and Trace

- A record of attendance will be used for the purpose of track and trace, should any member of Sangat present symptoms after visiting the Gurdwara.

8. Hand washing

- Reinforce the importance of handwashing for at least 20 seconds using soap dispensers located in cloak rooms
- Disposable paper towels are already in place along with bins.
- Gurdwara must ensure we have sufficient stock.

9. PPE for the Gurdwara and Sevadaars

- All Sevadaars must wear appropriate PPE (masks and gloves)
- Training will be provided to help minimise cross-infection and the Donning and Doffing of PPE.

10. Parshad

- Parshaad will be distributed in small plastic bags at the exit point

11. General and deep clean

- The Gurdwara has been cleaned during lockdown, and therefore should still be maintained to the high level of cleanliness.

12. Langar

- As per current guidelines, there will be NO langar.

13. Matha tek

- The area directly in front of Sri Guru Granth Sahib Ji will be covered with a cotton sheet that is changed regularly. (used sheet to be placed in a plastic bag for washing)
- Please refrain from doing Parkrama around the Takhat whilst the Giani or someone else is reading from Sri Guru Granth Sahib Ji

14. Toilets and Gurdwara hotspots

- Use of Toilet facilities will be discouraged but open for those who are vulnerable
- Sevadaars to regularly clean and disinfect the toilets and sinks

Please note:

These guidelines are subject to change and will be reviewed on a regular basis.

Thank you to all the Sangat and Sevadaars for all your support during these challenging times

Gurdwara Singh Sabha Parbandhak Committee